

**St John Neumann**

**2025**

**Lenten Challenge**



**Chaplets**

**Related Prayers**

**Schedules**

# 2025 SJN Lent/Easter Schedule

STATIONS OF THE CROSS: Fridays evenings during Lent

English – Church at 7:00 PM

Spanish – Parish Hall at 7:30 PM

PARISH LENTEN MISSION: 6 April – 8 April at 6:30 PM

PENANCE SERVICE / CONFESSION SCHEDULE DURING LENT

PENANCE SERVICE: Wednesday, April 9, 2025, at 6:30 PM

CONFESSIONS: NO CONFESSIONS on Holy Saturday (April 19,2025)

Wednesdays: 6:30 – 7:30 PM

Saturdays: 4:00 PM – 4:45

PALM SUNDAY MASS SCHEDULE – April 12 & 13, 2025      5:00 PM Vigil

8:00 AM

9:30 AM

11:15 AM\*

1:00 PM (Spanish)\*

5:00 PM

7:00 PM (Brazilian)

**\*Change in Mass start time**

## EASTER TRIDUUM SCHEDULE

HOLY THURSDAY – Thursday, April 17,2025

Morning Prayer – 9:00 AM

MASS OF THE LORD’S SUPPER - 7:00 PM

Adoration of the Blessed Sacrament after Mass in the Parish Hall until Midnight

GOOD FRIDAY - Friday, April 18

Morning Prayer – 9:00 AM

3:00 PM - Celebration of the Passion and Veneration of the Cross (English)

7:00 PM - Living Stations of the Cross (outdoors on ballfield, weather permitting)

8:00 PM – Celebration of the Passion and Veneration of the Cross (Spanish)

HOLY SATURDAY – Saturday, April 19

Morning Prayer – 9:00 AM

Altar server rehearsal – 9:30 AM

BLESSING OF EASTER BASKETS/FOOD at 12 Noon

EASTER VIGIL MASS - 8:30 PM - Incense will be used

Easter Sunday Mass Schedule - Sunday, April 20\* change in Mass start time.

6:30 AM – Sunrise Mass (outdoors, weather permitting)

8:00 AM

9:30 AM

11:15 AM\* – incense

1:00 PM (Spanish)\* – incense

Divine Mercy Sunday: Sunday, 27 April, 3PM Divine Mercy Holy Hour

**In this Jubilee Year, Please use the words of Pope Francis while performing your Lenten Acts of Prayer, Fasting and Almsgiving.**

“The forthcoming Jubilee can contribute greatly to restoring a climate of hope and trust as a prelude to the renewal and rebirth that we so urgently desire; that is why I have chosen as the motto of the Jubilee, *Pilgrims of Hope*”

“Our pilgrimage towards the Jubilee will express and confirm the shared journey that the Church is called to make, in order to be ever more fully a sign and instrument of unity in harmonious diversity.”

**Each Week of Lent has a different Prayer or Chaplet to meditate and pray.**

The weekly devotion begins on Wednesday.

**Week 1:** Pray the Rosary each day

**Week 2:** Pray the St Michael Chaplet each day

**Week 3:** Pray the Divine Mercy Chaplet

**Week 4:** Pray the St Gertrude Chaplet for the Souls in Purgatory

**Week 5:** Pray the Litany of Humility Daily

**Week 6:** Pray the St Joseph Chaplet

**Good Friday:** Begin the Divine Mercy Novena

**Each day of the week has an intention to pray.**

**Sunday:** Pray for the intentions of the Pope and for Pope Francis' Soul

**Monday:** Pray for Priests and Religious

**Tuesday:** Pray for our Country

**Wednesday:** Pray for Vocations

**Thursday:** Pray for Families

**Fridays:** Meditate on the Stations of the Cross

**Saturdays:** Pray for the Church

The prayers are in this booklet and can be found in the Laudete app or on Hallow. If on Hallow, please join our St. John Neumann Community and say hello.

Join us in celebrating the Triduum and Easter Masses and Services, details on the back cover.

## Week 1 – the Rosary

### How to recite the Holy Rosary

Make the Sign of the Cross.

1. Holding the Crucifix, say the *Apostles' Creed*.
2. On the first bead, say an *Our Father*.
3. Say one *Hail Mary* on each of the next three beads.
4. Say the *Glory Be*
5. For each of the five decades, announce the Mystery (perhaps followed by a brief reading from Scripture) then say the *Our Father*.
6. While fingering each of the ten beads of the decade, next say ten Hail Marys while meditating on the Mystery. Then say a *Glory Be*.  
(After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: *O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.*)
7. After saying the five decades, say the Hail, Holy Queen, followed by this dialogue and prayer:  
V. Pray for us, O holy Mother of God.  
R. That we may be made worthy of the promises of Christ.  
*Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.*

Conclude the Rosary with the Sign of the Cross.

### The Mysteries of the Rosary

#### **The Joyful Mysteries – Mon & Sun**

The Annunciation  
The Visitation  
The Nativity  
The Presentation  
The Finding in the Temple

#### **The Luminous Mysteries - Thurs**

*The Baptism in the Jordan:*  
*The Wedding at Cana*  
*The Proclamation of the Kingdom*  
*The Transfiguration*  
*The Institution of the Eucharist*

#### **The Sorrowful Mysteries – Tues & Fri**

The Agony in the Garden  
The Scourging at the Pillar  
The Crowning with Thorns  
The Carrying of the Cross  
The Crucifixion

#### **The Glorious Mysteries – Wed & Sun**

The Resurrection  
The Ascension  
The Descent of the Holy Spirit  
The Assumption  
The Coronation

## Week 2 – Saint Michael Chaplet

How to pray the St. Michael Chaplet: Time needed: 5 minutes

**1. Call on God to be present with you.**

*O God, come to my assistance. O Lord, make haste to help me.*

*Glory be to the Father, and to the Son, and to the [Holy Spirit](#). As it was in the beginning, is now, and ever shall be, world without end.*

**2. Make the Nine Salutations in honor of the nine Choirs of Angels. After each salutation, pray one Our Father and three Hail Marys.**

*By the intercession of St. Michael and the celestial Choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. Amen.*

*By the intercession of St. Michael and the celestial Choir of Cherubim, may the Lord grant us the grace to leave the ways of sin and run in the paths of Christian perfection. Amen.*

*By the intercession of St. Michael and the celestial Choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. Amen.*

*By the intercession of St. Michael and the celestial Choir of Dominations, may the Lord give us grace to govern our senses and overcome any unruly passions. Amen.*

*By the intercession of St. Michael and the celestial Choir of Virtues, may the Lord preserve us from evil and falling into temptation. Amen.*

*By the intercession of St. Michael and the celestial Choir of Powers, may the Lord protect our souls against the snares and temptations of the devil. Amen.*

*By the intercession of St. Michael and the celestial Choir of Principalities, may God fill our souls with a true spirit of obedience. Amen.*

*By the intercession of St. Michael and the celestial Choir of Archangels, may the Lord give us perseverance in faith and in all good works in order that we may attain the glory of Heaven. Amen.*

*By the intercession of St. Michael and the celestial Choir of Angels, may the Lord grant us to be protected by them in this mortal life and conducted in the life to come to Heaven. Amen.*

**3. Say one Our Father in honor of St. Michael the Archangel.**

**5. Say one Our Father in honor of St. Raphael the Archangel.**

**4. Say one Our Father in honor of St. Gabriel the Archangel.**

**6. Say one Our Father in honor of your [Guardian Angel](#).**

**7. Conclude your time with God and St. Michael the Archangel with the following prayers.**

O glorious prince St. Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King and our admirable conductor, you who shine with excellence and superhuman virtue deliver us from all evil, who turn to you with confidence and enable us by your gracious protection to serve God more and more faithfully every day. Pray for us, O glorious St. Michael, Prince of the Church of Jesus Christ, that we may be made worthy of His promises.

Almighty and Everlasting God, Who, by a prodigy of goodness and a merciful desire for the salvation of all men, has appointed the most glorious Archangel St. Michael Prince of Your Church, make us worthy, we ask You, to be delivered from all our enemies, that none of them may harass us at the hour of death, but that we may be conducted by him into Your Presence. This we ask through the merits of Jesus Christ Our Lord. Amen.

## Week 3 – Chaplet of the Divine Mercy

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### 1. Opening Prayers (optional)

*(Diary of St. Faustina Kowalska, 1319)*

You expired, Jesus, but the source of life gushed forth for souls,  
and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,  
envelop the whole world and empty yourself out upon us.

### 2. Repeat three times:

*(Diary, 84)*

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

3. Our Father
4. Hail Mary
5. The Apostles' Creed
6. For each of the five decades

*On each "Our Father" bead of the rosary, pray:*

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

*On each of the 10 "Hail Mary" beads, pray:*

V. For the sake of his sorrowful Passion,

R. have mercy on us and on the whole world.

### 7. Conclusion

*Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

### 8. Closing Prayer (optional)

*(Diary, 950)*

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.

*Or:*

*(Roman Missal, Votive Mass of the Mercy of God)*

O God, whose mercies are without number and whose treasure of goodness is infinite, graciously increase the faith of the people consecrated to you, that all may grasp and rightly understand by whose love they have been created, through whose Blood they have been redeemed, and by whose Spirit they have been reborn. Through Christ our Lord. Amen.

## Week 4 – The Chaplet of the Holy Souls

### Praying for the Holy Souls on the ROSARY

1. Hail Holy Queen
2. Our Father
3. Hail Mary (3 times)
4. Glory Be
5. Apostle's Creed (before each decade)
6. Prayer of St Gertrude (10 x 5 decades)
7. Divine Heart of Jesus (before Creed)
8. Apostle's Creed (before each decade)
9. Act of Love - Requiem



#### Prayer of St. Gertrude the Great

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory.

*For sinners everywhere, for sinners in the universal Church, those in my own home, and within my family. Amen.*

#### Divine Heart of Jesus

Divine Heart of Jesus, convert sinners, save the dying and deliver the souls in Purgatory.

#### Act of Love

Jesus, Mary, I love you. Save souls, save the consecrated.

#### Requiem

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen. May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.



## Week 5 – The Litany of Humility

*O Jesus! meek and humble of heart ... Hear me.*

*From the desire of being esteemed ... deliver me, Jesus.*

*From the desire of being loved ... deliver me, Jesus.*

*From the desire of being extolled ... deliver me, Jesus.*

*From the desire of being honored... deliver me, Jesus.*

*From the desire of being praised ... deliver me, Jesus.*

*From the desire of being preferred to others ... deliver me, Jesus.*

*From the desire of being consulted ... deliver me, Jesus.*

*From the desire of being approved ... deliver me, Jesus.*

*From the fear of being humiliated ... deliver me, Jesus.*

*From the fear of being despised ... deliver me, Jesus.*

*From the fear of suffering rebukes ... deliver me, Jesus.*

*From the fear of being calumniated ... deliver me, Jesus.*

*From the fear of being forgotten ... deliver me, Jesus.*

*From the fear of being ridiculed ... deliver me, Jesus.*

*From the fear of being wronged ...deliver me, Jesus.*

*From the fear of being suspected ... deliver me, Jesus.*

*That others may be loved more than I...Jesus, grant me the grace to desire it.*

*That others may be esteemed more than I ... Jesus, grant me the grace to desire it*

*That, in the opinion of the world, others may increase and I may decrease ... Jesus, grant me the grace to desire it*

*That others may be chosen and I set aside ... Jesus, grant me the grace to desire it*

*That others may be praised and I unnoticed ... Jesus, grant me the grace to desire it*

*That others may be preferred to me in everything.. Jesus, grant me the grace to desire it*

*That others may become holier than I, provided that I may become as holy as I should...  
Jesus, grant me the grace to desire it*

*Amen.*

## Week 6 – Chaplet of Saint Joseph

The chaplet of Saint Joseph rosary is divided into fifteen groups of four beads consisting of one white and three purple beads. On the white bead, symbolizes Saint Joseph's purity, announce one of the mysteries of the Rosary, and say two Hail Marys on that bead. On the purple bead, symbolizes his saintly piety, say the prayer on each bead in that group, "Praised and blessed be Jesus, Mary and Joseph! "

The Saint Joseph Chaplet Rosary is said as follows:

<b>1st Purple</b> Praised and blessed be Jesus, Mary and Joseph!	<b>8th White</b> The Crowning with Thorns (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!
<b>1st White</b> The Annunciation (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!	<b>9th White</b> The Carrying of the Cross (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!
<b>2nd White</b> The Visitation group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!	<b>10th White</b> The Crucifixion (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!
<b>3rd White</b> The Nativity (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!	<b>11th White</b> The Resurrection (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!
<b>4th White</b> The Presentation in the Temple (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!	<b>12th White</b> The Ascension (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!
<b>5th White</b> The Finding of Our Lord in the Temple (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!	<b>13th White</b> The Descent of the Holy Spirit (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!
<b>6th White</b> The Agony in the Garden (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!	<b>14th White</b> The Assumption (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!
<b>7th White</b> The Scourging (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!	<b>15th White</b> The Coronation of the Blessed Virgin (say 2 Hail Marys) group of 3 Purple Praised and blessed be Jesus, Mary and Joseph!

End the chaplet with the following prayers:

V Pray for us, O holy St. Joseph.:

R That we may be made worthy of the promises of Christ.:

Let us pray:

O God, Who has predestined St. Joseph from all eternity for the service of Thine Eternal Son and His Blessed Mother, and made him worthy to be the spouse of this Blessed Virgin and the foster father of Thy Son; we beseech Thee, through all the services he has rendered to Jesus and Mary on earth, that Thou wouldst make us worthy of his intercession and grant us to enjoy the happiness of his company in heaven. Through Christ our Lord. Amen.

Prayers:

**The Prayers of the Rosary and Chaplets**  
*For praying in groups, responses are in italics.*

### **Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### **The Apostle's Creed**

I believe in God,  
the Father Almighty,  
Creator of Heaven and earth;  
and in Jesus Christ, His only Son, Our Lord,  
Who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into Hell,  
on the third day He arose again from the dead.  
He ascended into Heaven,  
and is seated at the right hand of God the Father Almighty;  
from thence He shall come to judge the living and the dead.  
*I believe in the Holy Spirit,  
the holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.*

### **Our Father**

Our Father,  
Who art in heaven,  
hallowed be Thy name.  
Thy kingdom come,  
Thy will be done, on earth as it is in heaven.  
*Give us this day our daily bread,  
and forgive us our trespasses*

*as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil. Amen.*

### **Hail Mary**

Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb,  
Jesus.  
*Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.*

### **Glory Be**

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
*as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.*

### **The Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to heaven, especially those in most need of thy mercy. Amen.

### **Hail Holy Queen**

Hail, Holy Queen, Mother of mercy,  
our life, our sweetness and our hope.  
To thee do we cry,  
poor banished children of Eve:  
to thee do we send up our sighs,  
mourning and weeping in this valley of tears.  
Turn then, most gracious advocate,  
thine eyes of mercy toward us,  
and after this our exile,  
show unto us the blessed  
fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary!  
*(Leader:)* Pray for us, O holy Mother of  
God,  
*that we may be made worthy  
of the promises of Christ. Amen.*

**Traditional Rosary Closing Prayer  
(Optional)**

O God, whose only begotten Son,  
by his life, death, and resurrection,

has purchased for us the rewards of  
eternal life,  
grant, we beseech thee,  
that by meditating on these mysteries  
of the most holy Rosary  
of the Blessed Virgin Mary,  
we may imitate what they contain,  
and obtain what they promise,  
through the same Christ, Our Lord. Amen